

# José Luis Neyro. <http://www.neyro.com>

Medical and Surgery Degree from the University of the Basque Country - Euskal Herriko Unibertsitatea, Spain (with the degree of Outstanding "A"). Since 1987, he has been working as a Medical Specialist in Obstetrics and Gynecology at the Gynecology and Obstetrics Service of the University Hospital Cruces in Bizkaia - Spain, where he now holds the position of Consultant of Obstetrics and Gynecology.

In his academic training, he emphasizes being, among others, Diplomate in National Health, Diplomate in Business Medicine, Specialist Physician in Occupational Medicine, University Diplomate in Obstetrics and Gynecology of Postgraduate by the University of Valencia, Diplomate in Female Sexual Dysfunction. He also holds an Inter-university Master's Degree in Bioethics (60 ECTS -1500 hours), by the Universities of Las Palmas, La Laguna and the Basque Country-EHU.

He completed his training in assisted reproduction at the University Clinic of Messina (Italy), the Institut Universitari Dexeus of Barcelona (Spain) in various periods and at the Valencian Institute of Infertility-IVI of Valencia (Spain), and for ICSI and Endoscopic Surgery at the Reproductive Medicine Center of The Dutch-speaking Free University of Brussels (Belgium).

He has been responsible for the unit of Male Sterility and Artificial Insemination of the Unit of Human Reproduction of the University Hospital Cruces, being responsible for his unit of IVF until 2000. Previously, he is the creator and first person responsible for the Endoscopy Unit Gynecological and Minimally Invasive Surgery of the same hospital. Spanish pioneer in endoscopic surgery performed his first ectopic pregnancy by Laparoscopy in 1986, the first laparoscopic assisted hysterectomy in 1996 and the first pelvic lymphadenectomy by the same route in 1998.

Along with his clinical work, he has developed a wide experience as a professor in several Masters, Postgraduate courses in Medicine and Nursing and III Degree of Medicine (Ph.D.) in several Spanish university centers (Valencia, País Vasco UPV-EHU, Sevilla, Miguel Hernández of Alicante, Complutense of Madrid, Autonomous of Barcelona, Navarre ...). He has also participated as speaker in more than 400 national, international, meetings and symposia congresses. He is a professor and international tutor of the International Master's Degree in Climacteric and Menopause ([www.unimastercym.org](http://www.unimastercym.org)) and former professor of the Master of Contraception and Sexual and Reproductive Health of the University of Alcalá. Professor of the MBA of the Pharmaceutical Industry of ESAME and Professor of the University Expert Course in "Women and Sports" of the Polytechnic University of Madrid. He is currently Scientific Director of the online course of "clinical management of Osteoporosis" in [www.solosteo.es](http://www.solosteo.es) and Adjunct professor at the TecSalud School of Medicine and Health Sciences of the Tecnológico de Monterrey, México.

He has published more than 380 scientific papers in national and international journals of Gynecology and Obstetrics and Osteoporosis and Menopause (some papers can be seen in <http://www.ncbi.nlm.nih.gov/pubmed/?term=neyro%2C+and%2For+neyro+bilbao+and%2For+luis+neyro>) and he is responsible for the elaboration of more than 80 chapters of books of this same specialty as well as author and / or coauthor of diverse publications, protocols and guides of clinical practice In Spain and Portugal: among them the Consensus of Endometriosis of the Spanish Society of Gynecology and Obstetrics (SEGO), the Clinical Guide on Vitamin D deficiency of the Spanish Society on Osteoporosis (SEIOMM), and others. Regular reviewer of papers in many different national and international publications of the specialty.

He is a Principal Investigator or Collaborating Researcher of very different Clinical Trials (Phase III) of Pharmacological and Clinical Research, as well as of Clinical and Epidemiological Studies (Phase IV) in topics of the specialty of Gynecology and Obstetrics, always referring to the areas of Gynecological Endocrinology (Fertility and Sterility, Ovarian Stimulation, Hypogonadism,

Contraception, Climacteric and Menopause) as well as Low Bone Density, Osteoporosis, Pharmacologic adherence..., etc. His main areas of research have focused on Gynecological endocrinology, ovarian hyperandrogenism, endometriosis, endoscopic surgery, premature ovarian failure (IOP), climacteric syndrome, pharmacological adherence in chronic treatments and postmenopausal osteoporosis treatments.

In his facet as a health promoter and scientific disseminator, he has been a regular contributor to "La1" from TVE "Saber vivir" program for fourteen seasons and has even presented his own TV programs for health information and dissemination in different local channels (Bizkaia Canal), as well as in ETB2 (Euskal Telebista) at the Basque Country in Spain. Currently he is also a regular collaborator and host of topics for health and social interest in various broadcasting spanish programs (Onda Cero, Radio Popular of Bilbao, Radio Euskadi) and TV in national (Antena3NOVA), local and autonomous channels in the Basque Country (Canal Bizkaia, Bilbovisión, TeleBilbao, TeleCosta, Tele7 ...).

Always worried about the new information and communication technologies, in this area has been responsible and creator of [www.neyro.com/about](http://www.neyro.com/about) for the sanitary disclosure for more than 20 years (with more than 13.950.000 million visits). He was responsible for the menopause area of [www.doctoractive.com](http://www.doctoractive.com), co-responsible for the gynecology area of [www.saludenfemenino.com](http://www.saludenfemenino.com) and [www.dudasdemujer.com](http://www.dudasdemujer.com), collaborator in the areas of menopause and osteoporosis in [www.mimenopausia.com](http://www.mimenopausia.com), as well as [www.ellayelabanico.com](http://www.ellayelabanico.com). Also, creator of the Health and Gynecology Channel on the youtube.es network with more than 85 videos related to different topics of Women's Health (with more than 1.000,000 views). Accessible at <https://www.youtube.com/playlist?list=PL5D9D7C8B7F322968>

